

**ATTENTION:** Track Coaches and Athletic Directors

**EVENT:** **Kiwanis Relays**

**LOCATION:** Deuel Athletic Complex

**DATE:** Tuesday, April 20<sup>th</sup> 2021

**TIME:** Field events start at 3:00, Running at 4:00, Coaches meeting at 2:30.

**SCHOOLS:** Aberdeen Roncalli, Castlewood, Dakota Hills, Deuel, Elkton-Lake Benton, Estelline/  
Hendricks, Florence/ Henry, Great Plains, Groton, Milbank, Sisseton and Waverly-South  
Shore

**AWARDS:** Individual-Medal for 1<sup>st</sup>-6<sup>th</sup> place. Top 6 for relays

**ENTRIES:** I would like to do pre-entries through Athletic.net, you may make changes the day of the meet. We will just put them in an empty lane or add to bottom of flight. I want to do this for a practice run for me and my people scoring for the conference meets and region meet. I will pull all entries Monday at 9:30 and send out comp numbers and heats/ flights later that day.

3 per team in individual events and 1 per team in relays.  
UNLIMITED ENTRIES IN 800, 1600, AND 3200  
ONLY SCORE 3 PLACES

**ORDER OF EVENTS:** See attached schedule  
WE WILL RUN AHEAD OF SCHEDULE IF POSSIBLE.

**ENTRY FEE:** \$125.00 per school. **Please bring with you the day of the meet.**

**LANE ASSIGNMENTS:** Pre-entries

**TEAM SCORING:** Individual and Relays: 10-8-6-4-2-1 \* This is a State sanctioned qualifying meet.

Questions: Brian Tvedt @Deuel School 874-2161  
brian.tvedt@k12.sd.us

*Concessions will be available during the track meet*

**Bring your own shot and discus: You can weigh them in at back door of the concession stand.  
3/16" spikes only**

BECAUSE OF THE START TIME OF THIS MEET WE ARE ASKING EACH SCHOOL TO HELP RUN A FIELD EVENT.

<u>EVENT</u>	<u>Girls</u>	<u>Boys</u>
SHOT PUT	Castlewood	Dakota Hills
DISCUS	Groton	WSS
LONG JUMP	GPL	Milbank
TRIPLE JUMP	FH	Roncalli
HIGH JUMP	Sisseton	Elkton
Pole Vault	Deuel	Estelline

# **Coaches, Athletes, and Managers on Infield only.**

Field Events start at 3:00 and Running at 4:00

## **ORDER OF EVENTS**

4:00    GIRLS 3200M RELAY  
         BOYS 3200M RELAY  
         GIRLS 100M HURDLES  
         BOYS 110M HURDLES  
         GIRLS 100M DASH  
         BOYS 100M DASH  
         GIRLS 800M RELAY  
         BOYS 800M RELAY  
         GIRLS 1600M RUN  
         BOYS 1600M RUN  
         GIRLS 400M RELAY  
         BOYS 400M RELAY  
         GIRLS 400M DASH  
         BOYS 400M DASH  
         GIRLS 300M HURDLES  
         BOYS 300M HURDLES  
         GIRLS MEDLEY RELAY  
         BOYS MEDLEY RELAY  
         GIRLS 800M RUN  
         BOYS 800M RUN  
         GIRLS 200M DASH  
         BOYS 200M DASH  
         GIRLS & BOYS 3200M RUN (MAY COMBINE)  
         GIRLS 1600M RELAY  
         BOYS 1600M RELAY

3:00    **FIELD EVENTS**

GIRLS HIGH JUMP  
BOYS LONG JUMP  
GIRLS TRIPLE JUMP  
GIRLS SHOT PUT  
BOYS DISCUS  
Boys POLE VAULT

4:30    **FIELD EVENTS**

         BOYS TRIPLE JUMP  
         GIRLS LONG JUMP  
BOYS SHOT PUT  
         GIRLS DISCUS  
BOYS HIGH JUMP  
         Girls POLE VAULT

**This time schedule is approximate. We will run ahead of schedule if possible.**

## COACHES MEETING at 2:30 P.M.

1. Be sure competitor numbers are written on back of hand and all runners on relays are listed with numbers.
2. Starting heights-boys and girls high jump. \_\_\_\_\_ & \_\_\_\_\_
3. Long jump & triple jump-4 jumps (NO FINALS).
4. Shot put & discus-4 throws (NO FINALS).
5. Place and score top 6. 3 entries per event except 800, 1600 and 3200. Only place 3.
6. Please report to clerk of course when your event is called or you will be scratched. Running events take precedents over field events. Lane assignments will be drawn from pill bottle. **We will run the fastest heat first.**
7. Pick up awards at the conclusion of the meet up in the announcer's booth.
8. **PLEASE USE THE GARBAGE CANS AND PLEASE CLEAN UP YOUR CAMP AREA.**
9. No team camps on the football field.
10. No discus or shot puts in the center of the track. Use only designated areas.
11. The clerk will identify color for relay exchanges.
12. Head coaches will be jury of appeals.
13. Please make sure your athletes comply with the uniform rule.
14. Tennis balls will be provided need to provide own marking device long and triple jump. **They will not be able to use tape on the track or run ways.**
15. Coaches, athletes and managers on the infield only. **No parents on the infield.** We ask that you help enforce this with your team.
16. GOOD LUCK!!!!!!!!!!!!