



Sisseton Redmen

Athletics

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News Release:

Sisseton Athletics- Student/Parent Information and Requirements

HIGH SCHOOL STUDENTS (9-12 grades)

Fall Parent/Student/Coaches Meeting for Fall Varsity sports (9-12), 6-7-8 attendance is optional depending upon the sport and each coach's expectations.

August 5, 2021 @ 6:30pm - SHS Multipurpose room for the following sports:

- **Football** (grades 9-12)
- **Volleyball** (grades 9-12). (Grades 7-8) if they plan to attend voluntary workouts by Captains and Coaches before the start of school on August 24th.
- **Boys Golf** (grades 9-12). Grades 6-8 if they plan to attend voluntary workouts by Captains and Coaches before the start of school on August 24th.

August 12, 2021 @ 6:30pm – SHS Multipurpose room.

- **Cross Country (Boys/Girls – Grades 9-12).** Grades 6-8 if they plan to attend voluntary workouts by Captains and Coaches before the start of school on August 24th.

Meetings will be conducted by the following:

- **Redmen Coaches** – Head coaches/Assistant coaches will share information on the season expectations for their sport with participants and parents.
- **Jack Appel – Sisseton School Activities Director.** Will provide information on athletic eligibility.

Eligibility Information will be shared with students/parents on physical exams, concussion testing, insurance, communication, expectations, calendars, and schedules.

- **Student-athletes are required to have all the above completed before the first scheduled practice.**
- **All paperwork will be handed out at the meeting or by coaches and is available online at the school athletic/activity webpage, the Middle/High School office or the Activities office.**

Concussion testing:

All students participating in athletic activities sponsored by the South Dakota High School Activities Association (SDHSAA) and the Sisseton School are required to have an annual concussion "baseline" test on file. Student-athletes can take the concussion tests starting on **Monday, July 26th – Tuesday, August 24 in the high school office.** You are asked to call ahead at 698-7613 ext. 2100 to set up an appointment for the concussion test.

- **Student-athletes will not be allowed to participate/practice in the 2021-2022 school year until a baseline test is on file.**

Physical examinations:

Required every 3 years. Athletes needing physicals are asked to set up appointments with their local provider. The Coteau Des Prairie Clinic asks you to have your insurance card and co-pay information available.

***All fall sports students/parents are required to attend the pre-season meeting listed above. If you are unable to attend, you will need to contact the athletic office.**

Heart screening:

Will be available again this fall on August 16th at the CDP Clinic. More information will be shared at the meetings. **Heart Screenings are not required by the SDHSAA or the Sisseton school.**

MIDDLE SCHOOL STUDENTS (6-8 grades)

Middle school athletes will need to fulfill these requirements when they register next fall at the middle school:

1. Complete and return all eligibility paperwork provided at registration or a preseason meeting.
2. Take an annual concussion test **July 26th - August 24th. Call the HS office to set up an appointment for your test.**
3. Attend informational meetings listed above and in the **MPR on August 25th at 3:00pm** held by the coach of their sport during the school day.
4. All JH/MS practices are scheduled to start on **August 26th** following school.

If you have, any questions contact Jack Appel. Phone 698-7613 ext.1122 or email jack.appel@k12.sd.us

Winter and Spring sports:

Meetings at a date and time TBD later this fall prior to the start of those seasons.