

**DEUEL GYMNASTICS MEET
JANUARY 15, 2019**

TEAMS: Deuel, Britton-Hecla, Sisseton, West Central

WARM-UPS: Begin at 5:15. Gym opens @ 4:15. Meet begins at 6:30. Warm-up schedule is attached.

ENTRY FEE: \$50

COMPETITION: We will conduct four events at the same time with solo judging.

ENTRIES: 6 per event. Please get them in by January 11th.

Fax number is (605) 874-8585.

Email: eric.bass@k12.sd.us

JUDGES: Alyssa Anderson, Michele Benke, Jenny Christian, and Timberly Lundt

EQUIPMENT: Spring floor, AAI bars with extenders, AAI vault table, padded runway, AAI beam, round-off hand pad, board collar. Bring your own spring board and sting mat. We will have 3-8" and 1-4" skill cushions available.

If you have any questions, you can call the school at 874-2161 ext. 206.

Thanks, and we will see you on the 15th.

Eric Bass
Deuel School District AD

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	WARM-UP ROTATION			
TIME	VAULT	BAR	BEAM	FLOOR
5:15-5:30	BRITTON-HECLA	DEUEL	SISSETON	WEST CENTRAL
5:30-5:45	WEST CENTRAL	BRITTON-HECLA	DEUEL	SISSETON
5:45-6:00	SISSETON	WEST CENTRAL	BRITTON-HECLA	DEUEL
6:00-6:15	DEUEL	SISSETON	WEST CENTRAL	BRITTON-HECLA
	COMPETITION ROTATION			
	VAULT	BAR	BEAM	FLOOR
I	DEUEL	SISSETON	WEST CENTRAL	BRITTON-HECLA
II	BRITTON-HECLA	DEUEL	SISSETON	WEST CENTRAL
III	WEST CENTRAL	BRITTON-HECLA	DEUEL	SISSETON
IV	SISSETON	WEST CENTRAL	BRITTON-HECLA	DEUEL